

LAKIREDDY BALI REDDY COLLEGE OF ENGINEERING

(Autonomous)

(Accredited By NBA, ISO Certified, Affiliated to JNTUK)



Major Activity: Awareness Program on Yoga and Meditation

Date: 15-06-2016

Venue: LBRCE Campus

Brief Report:

LBRCE NSS Unit conducted an Awareness Program on “Yoga and Meditation” on 15-06-2016, in association with the Ramachandra Mission, Vijayawada for the faculty. Dr.E.V.Prasad, Director opined that Yoga and meditation has a lot of significance in reducing stress that we encounter in our day-to-day life. Distinguished representatives of the Rama Chandra Mission, Sister V.K.Indumathi and Kumari Yamini highlighted the uses of yoga and meditation. They made a special presentation on “Heartfulness”. Mr.P.Ashok Reddy coordinated the event.

(Mr.P. ASHOK REDDY)

NSS Program Officer

Snap Shots of the Event:

(Dr.E.V.PRASAD)

Director



Participants of the program



Director delivering his address at inaugural



Sister Niveditha in action



K. Yamini making a presentation on Heartfulness

Encl: Press Clippings

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